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**Primary Health Nurse
Consultant**

**Professional Supervision
Provider**



Strengthening the Heart of Primary Healthcare

Professional Supervision

*Professional Supervision is a facilitative process
using reflection that:*

By three methods we may learn wisdom;

First by reflection which is noblest;

Second by imitation which is easiest;

*Third by experience which is the most
bitter;*

Confucius 551–479 BC

- Increases personal learning and awareness
- Facilitates accountability for clinical practice
- Provides support during times of heightened stress
- Contributes to 'burnout' prevention

Benefits to Participants

- Clarity around professional practice
- Opportunity to 'unload' in confidence and openness

Proven benefits to Employers include:

- Enhanced patient care
- Enhanced safe clinical practice
- Improved professional relationships

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